

Sprucey Lucy Socks

Wendy D. Johnson



Sizes

Small (Medium, Large): 7 (8, 9)" around, stretched slightly

Gauge

8 stitches and 12 rows per inch

Needles

US size 0 (2mm) needles – either double-pointed needles (dpns), 2 short circulars, or 1 long circular (see note below), or size to attain gauge

Yarn

Fingering weight sock yarn (approximately 350 – 400 yards)

**Abbreviations:**

K – knit

K2TOG – knit 2 together

KFB – knit in the front and back of the next stitch

M1 – make one

P – purl

P2TOG – purl 2 together

PFB – purl in the front and back of the next stitch

PSSO – pass slipped stitch over

SL – slip

SSK – Slip one stitch, then slip the next. Insert left needle into the front loops of the slipped stitches and knit them together from this position (through the back loops)

W&T – Wrap and turn. Bring yarn to front of work between needles, slip next stitch to right-hand needle, bring yarn around this stitch to back of work, slip stitch back to left-hand needle, turn your work to begin working back in the other direction.

YO – yarnover

Notes:

You can knit these socks using your favorite sock-knitting method: dpns, 2 short circulars, or 1 long circular for magic loop. The pattern divides the stitches into 2 groups: instep (top of the foot) and sole (bottom of the foot). You will either divide each group over 2 dpns, place the whole group on 1 of your 2 short circulars, or on half your long circular for magic loop.

When you work the “make 1” increases for the toe and the gusset, you can do a lifted increase, or knit in the front and back of a stitch, whichever you prefer. I prefer the “knit in the front and back of a stitch” method – I find it makes a neater increase with no hole.

In Row 5 of the pattern you will decrease so that you have 2 fewer stitches in each pattern repeat. You will increase 2 stitches in each pattern repeat on Row 6 by knitting into the front and back of each yarnover made in the previous row.

Toe:

Using the Turkish Cast-on method, (or another toe-up cast-on method like the Judy’s Magic Cast-on), cast on a total of 26 (30, 34) stitches – 13 (15, 17) on each needle. Knit across the stitches on each needle once. On the next round increase 4 stitches thusly:

Needle 1: K 1, M1, knit until the last stitch, M1, K1

Needle 2: K 1, M1, knit until the last stitch, M1, K1

Then knit a round without increasing.

Repeat these 2 rounds until you have a total of 58 (66, 74) stitches: 29 (33, 37) on each needle. Divide these stitches over your dpns, or place 29 (33, 37) stitches on each of your short circulars, or on each side of your magic loop. The stitches are now referred to in 2 halves: the instep stitches and the sole stitches.

Note:

If you prefer a pointier toe, you can cast on fewer stitches, but be sure to increase until you have 58 (66, 74) total stitches.

Start the foot pattern. On the instep stitches, work as follows:

K 0 (1, 2), work Row 1 of the chart, K 1 (2, 3), work Row 1 of the chart, K 1 (2, 3), work Row 1 of the chart, K 0 (1, 2).

Knit across the sole stitches.

Continue in this manner working as many repeats of the 8-row chart as necessary until approximately 3" shy of the total length of the foot.

Create the Gusset:

Round 1: Work across the instep stitches in the chart pattern. Sole stitches: K1, M1, knit across to the last stitch, M1, K1.

Round 2: Work across the instep stitches in the chart pattern. Sole stitches: Knit all stitches.

Repeat Rounds 1 and 2 until you have 49 (55, 61) stitches total on Needle 2. Knit across Needle 1.

Turn the Heel:

You will now work back and forth on the sole stitches (now the heel stitches) and will not knit the instep stitches while turning the heel. Turn heel as follows:

Row 1: (RS) K 33 (37, 41), KFB, K1, W&T

Row 2: P 20 (22, 24), PFB, P1, W&T

Row 3: K 18 (20, 22), KFB, K1, W&T

Row 4: P 16 (18, 20), PFB, P1, W&T

Row 5: K 14 (16, 18), KFB, K1, W&T

Row 6: P 12 (14, 16), PFB, P1, W&T

Row 7: K 10 (12, 14), KFB, K1, W&T

Row 8: P 8 (10, 12), PFB, P1, W&T

You now have 57 (63, 69) heel stitches, having just completed a wrong-side row. On the right side, knit to the end of the heel stitches, knitting each wrap together with the stitch it wraps. Work across instep stitches in the chart pattern.

Heel flap: Work back and forth on the heel stitches:

Row 1 (RS): K 42 (47, 52) (knitting each wrap together with the stitch it wraps), SSK, turn

Row 2: SL 1, P 27 (31, 35), P2TOG, turn

Row 3: [SL 1, K1] 14 (16, 18) times, SSK, turn

Repeat Rows 2-3 until all side stitches have been worked, end having worked Row 2. Turn your work and knit across, increasing 2 (0, 2) stitches evenly across the top of the heel. You now have 31 (33, 39) heel stitches.

Begin working in the round again:

Work the instep stitches (now front of leg) as established above. Starting with the same row you worked on the front of the leg, work as follows: K 1 (0, 1), work the pattern as established on the front of leg over the heel stitches (now back of leg), K 1 (0, 1).

Now work the pattern as set for 6 (7, 8)", or your desired total length, ending after working Row 8 of the chart.

Work a K1 P1 ribbing for 2" or desired length. Bind off very loosely in the ribbing pattern.

Pattern Chart

λ	○	λ	○		○	λ	○	λ	7
		∩	■		■	∩			
	λ	○	■	λ	■	○	λ		5
		λ	○		○	λ			3
			○	λ	○				1
9	7	5	3	1					

Chart Key

□	K
○	YO
∩	K in front and back of YO in row below to make 2 sts
λ	SSK
∧	K2 tog
⋈	Sl 1 K2 tog pssso
■	No stitch

Pattern in Words:

Row 1: K3, YO, Sl1 K2 tog pssso, YO, K3

Row 2: Knit across

Row 3: K2, K2 tog, YO, K1, YO, SSK, K2

Row 4: Knit across

Row 5: K1, K2 tog, YO, Sl1 K2 tog pssso, YO, SSK, K1 (7 stitches)

Row 6: K2, K in the front and back of the YO from the row below, K1, K in the front and back of the YO from the row below, K2 (9 stitches)

Row 7: (K2 tog, YO) twice, K1, (YO, SSK) twice

Row 8: Knit across

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