

Cabletini Toe-up Socks

Wendy D. Johnson



Gauge: 8 stitches and 12 rows per inch

Needle Size: 2 US size 0 (2mm) circular needles (see note below) 16" or longer, or size you need to attain gauge

Yarn: Fingering weight sock yarn (approximately 350 – 400 yards)

Sizes: Medium: 8" around

Abbreviations:

K – knit

P – purl

K2tog – knit 2 together

Kfb – knit in the front and back of the next stitch

M1 – make one

P – purl

Pfb – purl in the front and back of the next stitch

Sl – slip

Ssk – Slip one stitch, then slip the next. Insert left needle into the front loops of the slipped stitches and knit them together from this position (through the back loops)

W&T – Wrap and turn. Bring yarn to front of work between needles, slip next stitch to right-hand needle, bring yarn around this stitch to back of work, slip stitch back to left-hand needle, turn your work to begin working back in the other direction.

YO – yarnover

Chart

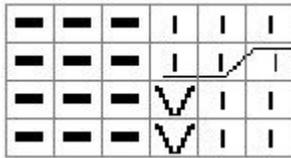


Chart Key



Knit



Purl



Slip stitch as if to purl



Slip first 2 stitches to cable needle, hold at back of work, k next stitch, then k 2 stitches from cable needle

Notes:

The pattern is written for using 2 circular needles. You can easily work it on dpns by dividing the stitches over 4 needles instead of 2.

When you work the “make 1” increases for the gusset, you can do a lifted increase, or knit in the front and back of a stitch, whichever you prefer. I prefer the “knit in the front and back of a stitch” method – I find it makes a neater increase with no hole.

Toe:

Using the Turkish Cast-on method, (or another toe-up cast-on method like the Figure-8 Cast-on), cast on a total of 34 stitches – 17 on each needle. Knit across the stitches on each needle once. On the next round increase 4 stitches thusly:

Needle 1: K 1, M1, knit until the last stitch, M1, K1

Needle 2: K 1, M1, knit until the last stitch, M1, K1

Then knit a round without increasing.

Repeat these 2 rounds until you have a total of 66 stitches: 33 on each needle.

Start the chart pattern. (You will work the chart over Needle 1 only (the instep stitches) and knit across Needle 2.)

Row 1: on Needle 1, P 3, work the 6 stitches of row 1 of the chart 5 times; on Needle 2, knit across all 33 stitches.

Row 2: on Needle 1, P 3, work the 6 stitches of row 2 of the chart 5 times; on Needle 2, knit across all 33 stitches.

Continue in this manner, working as many repeats of the 4-row chart as necessary until approximately 3” shy of the total length of the sock.

Create the Gusset:

Round 1: Work across Needle 1 in the chart pattern. Needle 2: (sole stitches): K1, M1, knit across to the last stitch, M1, K1.

Round 2: Work across Needle 1 in the chart pattern. Needle 2: (sole stitches): Knit all stitches.

Repeat Rounds 1 and 2 until you have 55 stitches total on Needle 2.

Turn the Heel:

You will work back and forth on the stitches on Needle 2 and will not knit the stitches on Needle 1 while turning the heel. Turn heel as follows:

Row 1: (RS) K 37, kfb, k1, w&t
Row 2: P 22, pfb, p1, w&t
Row 3: K 20, kfb, k1, w&t
Row 4: P 18, pfb, p1, w&t
Row 5: K 16, kfb, k1, w&t
Row 6: P 14, pfb, p1, w&t
Row 7: K 12, kfb, k1, w&t
Row 8: P 10, pfb, p1, w&t

Needle 2 now holds 63 stitches. Nest row: On RS, knit to end of needle, knitting each wrap together with the stitch it wraps. Work across instep stitches on Needle 1 in the pattern stitch.

Heel flap: Work back and forth on heel stitches:

Row 1 (RS): K 47 (knitting each wrap together with the stitch it wraps), ssk, turn
Row 2: Slip 1, p 31, p2tog, turn
Row 3: [slip 1, k1] 16 times, ssk, turn

Repeat Rows 2-3 until all side stitches have been worked, end having worked row 2. Needle 2 now holds 33 stitches.

Begin working in the round again. If you are in the middle of a pattern repeat in the chart, work the stitches on Needle 2 plain as for the foot of the sock until you have completed row 4 of the chart. On the next row, work as follows:

On Needle 1, P 3, work the 6 stitches of row 1 of the chart 5 times; on Needle 2, work the 6 stitches of the chart 5 times, then work the first 3 stitches of the chart again.

Note: You might find it helpful at this point to move 1 purl stitch from each end of Needle 1 onto each end of Needle 2 so that you do not have to execute a cable twist at the very beginning and end of Needle 2. You will then have 31 stitches on Needle 1 and 35 stitches on Needle 2.

Continue in this manner, working the 4 rows of the chart until the leg of the sock is the desired length, then bind off loosely in p3 k3.

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