

Fingering Weight Toe-Up Socks With Gusset and Slip-Stitch Heel



Wendy D. Johnson

Sizes: Small (Medium, Large, Extra-Large) 7.25" (8.25", 9.25", 10.25") around

Gauge: 8 stitches and 12 rows per inch

Needles: 2 US size 0 (2mm) circular needles (see note below) 16" or longer, or size to attain gauge

Yarn: Fingering weight sock yarn (approximately 350 – 400 yards)

Abbreviations:

K – knit

K2TOG – knit 2 together

KFB – knit in the front and back of the next stitch

M1 – make one

P – purl

P2TOG – purl 2 together

PFB – purl in the front and back of the next stitch

PSSO – pass slipped stitch over

SL – slip

SSK – Slip one stitch, then slip the next. Insert left needle into the front loops of the slipped stitches and knit them together from this position (through the back loops)

W&T – Wrap and turn. Bring yarn to front of work between needles, slip next stitch to right-hand needle, bring yarn around this stitch to back of work, slip stitch back to left-hand needle, turn your work to begin working back in the other direction.

YO – yarnover

Notes:

This pattern is written for using 2 circular needles. You can easily work it on dpns by dividing the stitches over 4 needles.

When you work the “make 1” increases for the toe and the gusset, you can do a lifted increase, or knit in the front and back of a stitch, whichever you prefer. I prefer the “knit in the front and back of a stitch” method – I find it makes a neater increase with no hole.

Toe:

Using the Turkish Cast-on method, (or another toe-up cast-on method like the Figure-8 Cast-on), cast on a total of 26 (30, 34, 38) stitches – 13 (15, 17, 19) on each needle. Knit across the stitches on each needle once. On the next round increase 4 stitches thusly:

Needle 1: K 1, M1, knit until the last stitch, M1, K1

Needle 2: K 1, M1, knit until the last stitch, M1, K1

Then knit a round without increasing.

Repeat these 2 rounds until you have a total of 58, (66, 74, 82) stitches: 29 (33, 37, 41) on each needle.

Note: If you prefer a pointier toe, you can cast on fewer stitches, but be sure to increase until you have 29 (33, 37, 41) stitches on each of the two needles.

Knit until approximately 3” shy of the total length of the foot.

Create the Gusset:

Round 1: Work across Needle 1. Needle 2: (sole stitches): K1, M1, knit across to the last stitch, M1, K1.

Round 2: Knit all stitches.

Repeat Rounds 1 and 2 until you have 49 (55, 61, 67) stitches total on Needle 2. Work across Needle 1 in pattern.

Turn the Heel:

You will now work back and forth on the stitches on Needle 2 and will not work the stitches on Needles 1 while turning the heel. Turn heel as follows:

Row 1: (RS) K33 (37, 41, 45), KFB, K1, W&T

Row 2: P 20 (22, 24, 26), PFB, P1, W&T

Row 3: K 18 (20, 22, 24), KFB, K1, W&T

Row 4: P 16 (18, 20, 22), PFB, P1, W&T

Row 5: K 14 (16, 18, 20), KFB, K1, W&T

Row 6: P 12 (14, 16, 18), PFB, P1, W&T

Row 7: K 10 (12, 14, 16), KFB, K1, W&T

Row 8: P 8 (10, 12, 14), PFB, P1, W&T

Needle 2 now holds 57 (63, 69, 75) stitches, having just completed a wrong-side row. On the right side, knit to the end of Needle 2, knitting each wrap together with the stitch it wraps. Work across instep stitches on Needle 1 in the chart pattern.

Heel flap: Work back and forth on heel stitches on Needle 2:

Row 1 (RS): K 42 (47, 52, 57) (knitting each wrap together with the stitch it wraps), SSK, turn

Row 2: SL 1, P 27 (31, 35, 39), P2TOG, turn
Row 3: [SL 1, K 1] 14 (16, 18, 20) times, SSK, turn

Repeat Rows 2-3 until all side stitches have been worked, end having worked Row 2. Needle 2 now holds 29 (33, 37, 41) stitches.

Begin working in the round again. Continue in this manner, working the chart until the leg of the sock is 1 inch shy of the desired length, then work 1 inch in k1 p1 rib. Bind off loosely in rib.

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